

Herczegfalvi Ágnes

# Tuberous sclerosis

## Case history

SE. II. sz. Gyermekklinika

Budapest, Febr. 2016.

## **Case history 1.**

- GD.
  - DOB: 05-03-1989
  - Pre and perinatal history: normal
  - His development was normal till 2month
  - **At 2 month** hypomelanic macules and developmental arrest apathetic behavior
  - **3 month** episodes of infantile spasm hypsarrhythmic pattern on EEG (West's syndrome)

hypomelanic  
„ash-leaf”



hypomelanic macules  
„ash-leaf” spot

# EEG- examination



F p 2 - F 4

F 4 - C 4

C 4 - P 4

P 4 - O 2

F p 1 - F 3

F 3 - C 3

C 3 - P 3

P 3 - O 1

F p 2 - F 8

F 8 - T 4

T 4 - T 6

T 6 - O 2

F p 1 - F 7

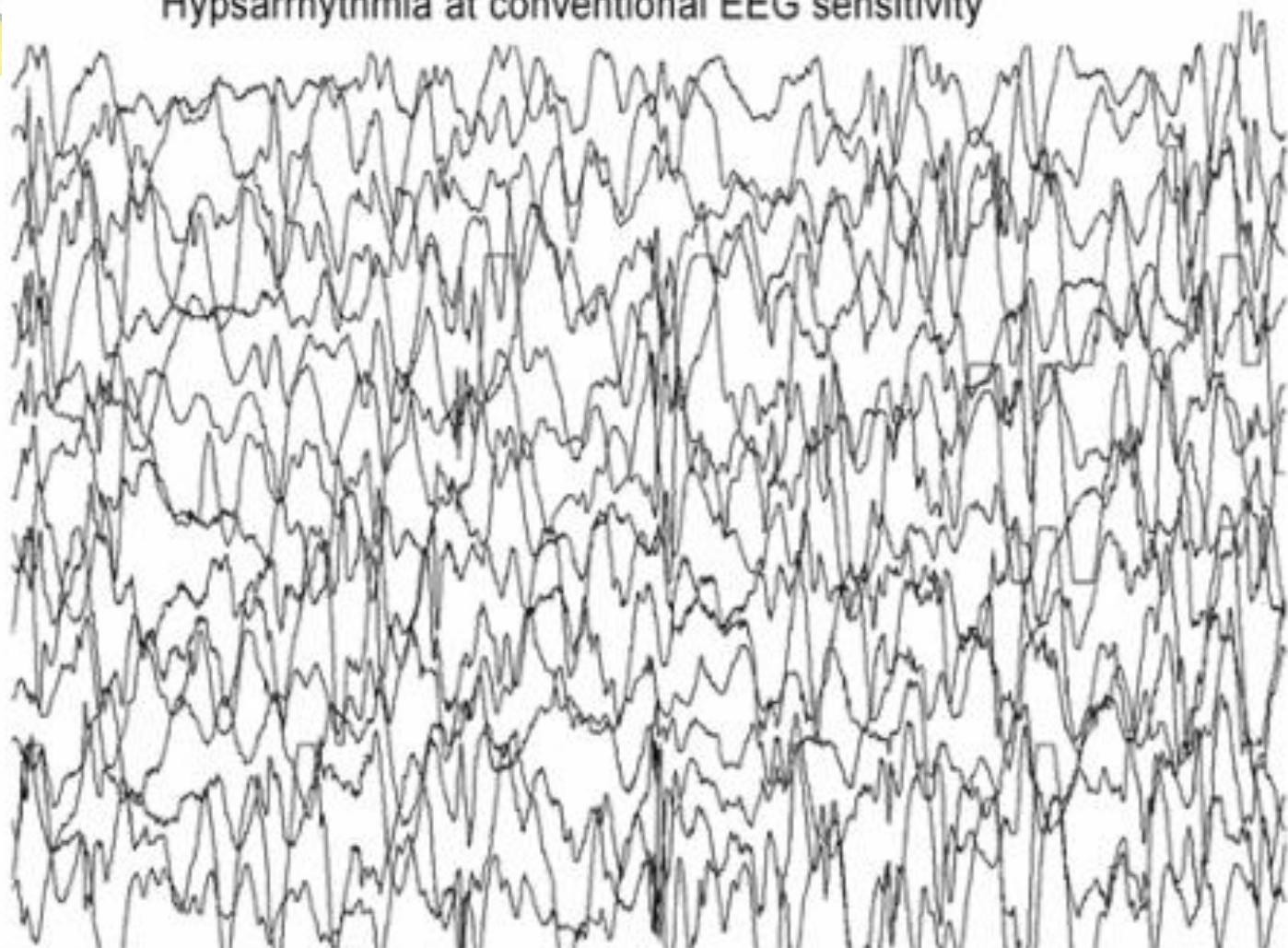
F 7 - T 3

T 3 - T 5

T 5 - O 1

100  $\mu$ V  
1 sec

Hypsarrhythmia at conventional EEG sensitivity

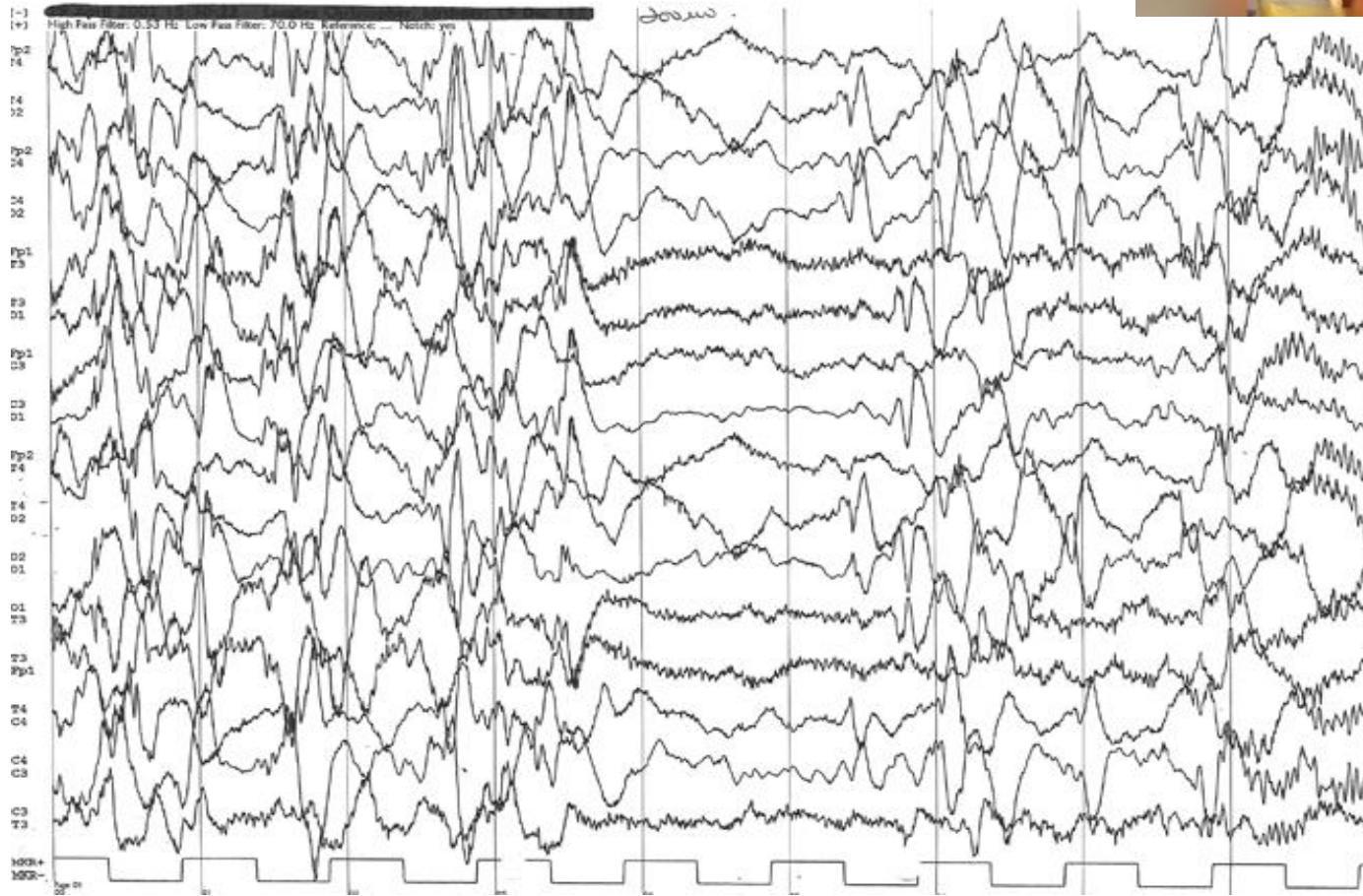


high amplitude and irregular waves and spikes in a background of chaotic and disorganized activity seen

# Case history 2.

- JKB.
- DOB:22-03-2015
- Pre and perinatal history: normal
- Her development was normal
- **Symptoms:** at 9 month
  - with abnormal eye movements after waking up
  - repeated during the day several times
  - some hypomelanic macules on the skin (from birth)

# EEG- examination



hypsarrhythmia and suppression burst activity during sleep

# Tuberous sclerosis

> multi-system **genetic disease** that causes benign tumors in the brain and other organs as kidneys, heart, eyes, lungs, and skin



Désiré-Magloire Bourneville

> tubers were first described by M.Bourneville (1880)  
> the cortical manifestations are known by the eponym **Bourneville's disease**

**Symptoms** include: skin abnormalities

/Vogt, 1908/ developmental delay  
epileptic seizures  
behavioral problems  
intellectual disability

trouble in school and concentration problems

# Tuberous sclerosis

## Skin lesion

15 years lather

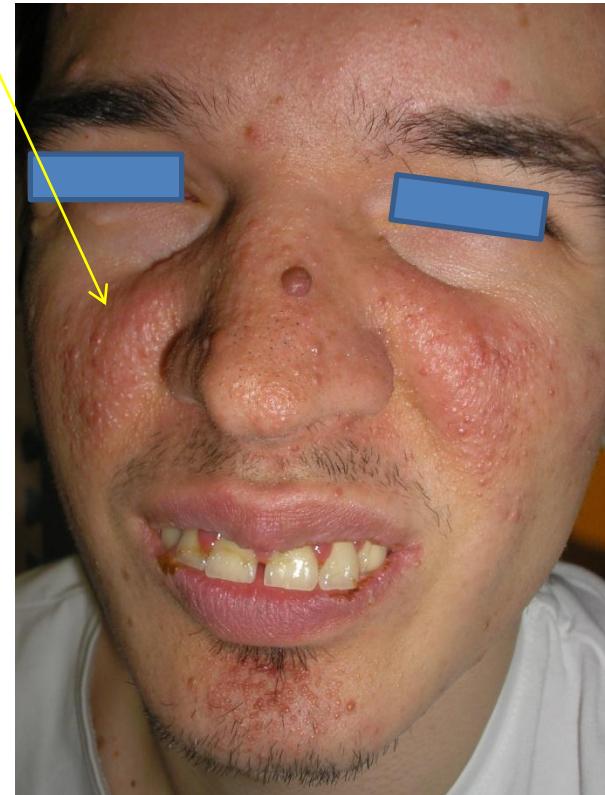
Adenoma sebaceum (facial angiofibromas)

over the bridge of the nose



rash of reddish spots or bumps

In a butterfly distribution on the face



# Skin lesion in TSC



**shagreen path**, large leathery path of skin



**amelanotic nevi** („ash.leaf-spot”)



**periungual fibromas (Koenen's tumors)**  
small fleshy tumors around /under the  
toenails or fingernails

# Skin lesion in TSC



**molluscum fibrosum** or skin tags,  
on the back of the neck  
and shoulders

**café au lait spots** or flat brown marks

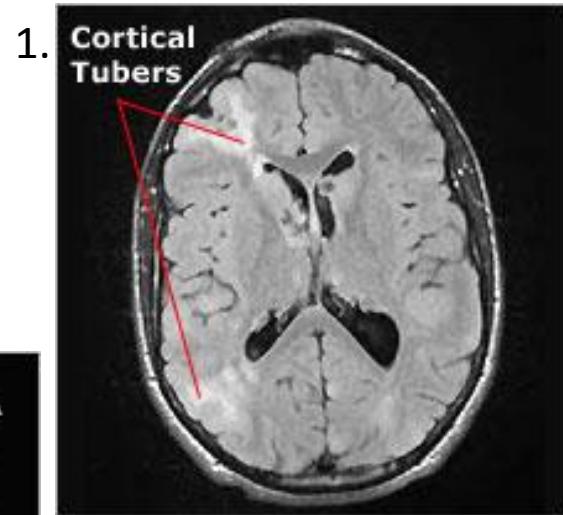
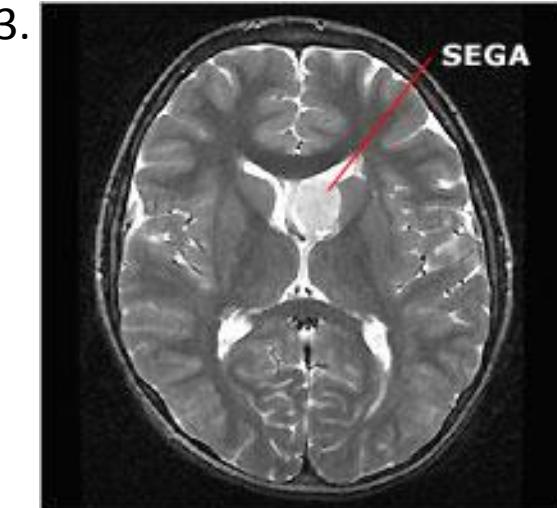
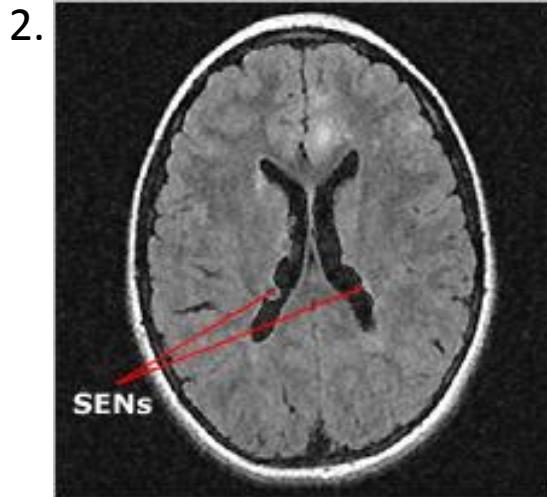
**poliosis**  
a tuft or patch  
of white hair  
on the scalp or  
eyelids



# Central nervous system

## MRI in TS

1. **cortical tubers** form in / around the cerebral cortex, the brain's outermost layer.



subependymal nodules (SENs), and subependymal giant cell astrocytomas (SEGAs).

**Subependymal nodules** (2.) (SENs) and **Subependymal giant cell astrocytomas** (3.) (SEGAs) form deeper within the brain, typically along the ependymal lining (walls) of the ventricles, the cavities containing cerebrospinal fluid.

# Brain involvement and mental status

~ 50% have **learning difficulties** (mild to severe)

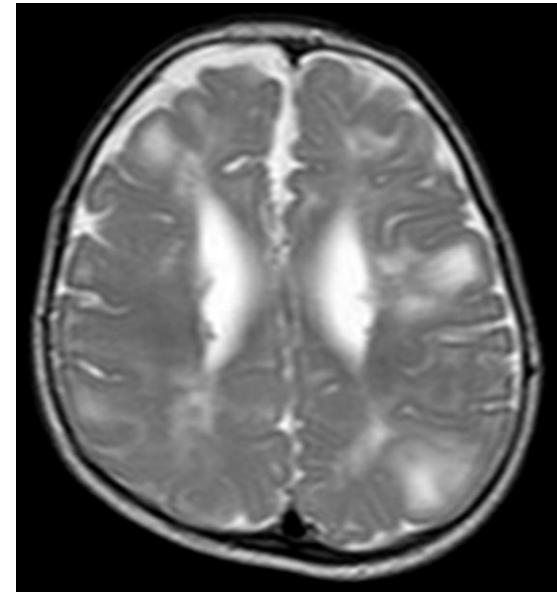
25% and 61% of patients have **autism** or a broader **pervasive developmental disorder**

10 % of people with TSC **self-injurious behavior**

**Other behaviors and disabilities**, such as **ADHD**

**aggression, behavioral outbursts**  
and  
**OCD** also occur

**Lower IQ** is associated with more brain involvement on MRI



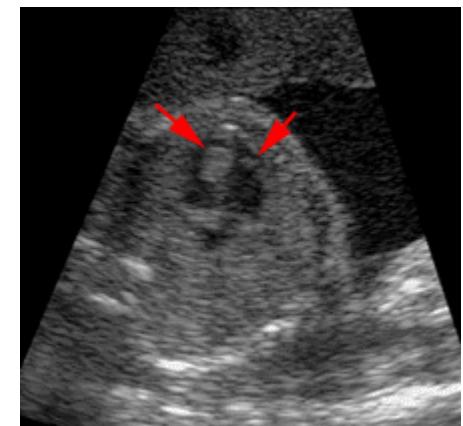
Tuberous sclerosis in MRI

# Other organs

**Kidneys** 60 and 80% of TSC patients have benign  
→ tumors- **angiomyolipomas (AML)**  
frequently causing hematuria

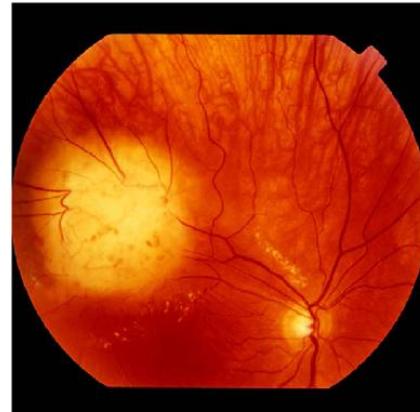


**Lungs** with TSC can develop **multiple cysts** of the lung parenchyma .( identical another disease- **lymphangioleiomyomatosis**)



**Heart** **Rhabdomyomas** ( benign tumors of striated muscle)  
~ 50% of people with TSC  
rhabdomyomas cause obstruction arrhythmia

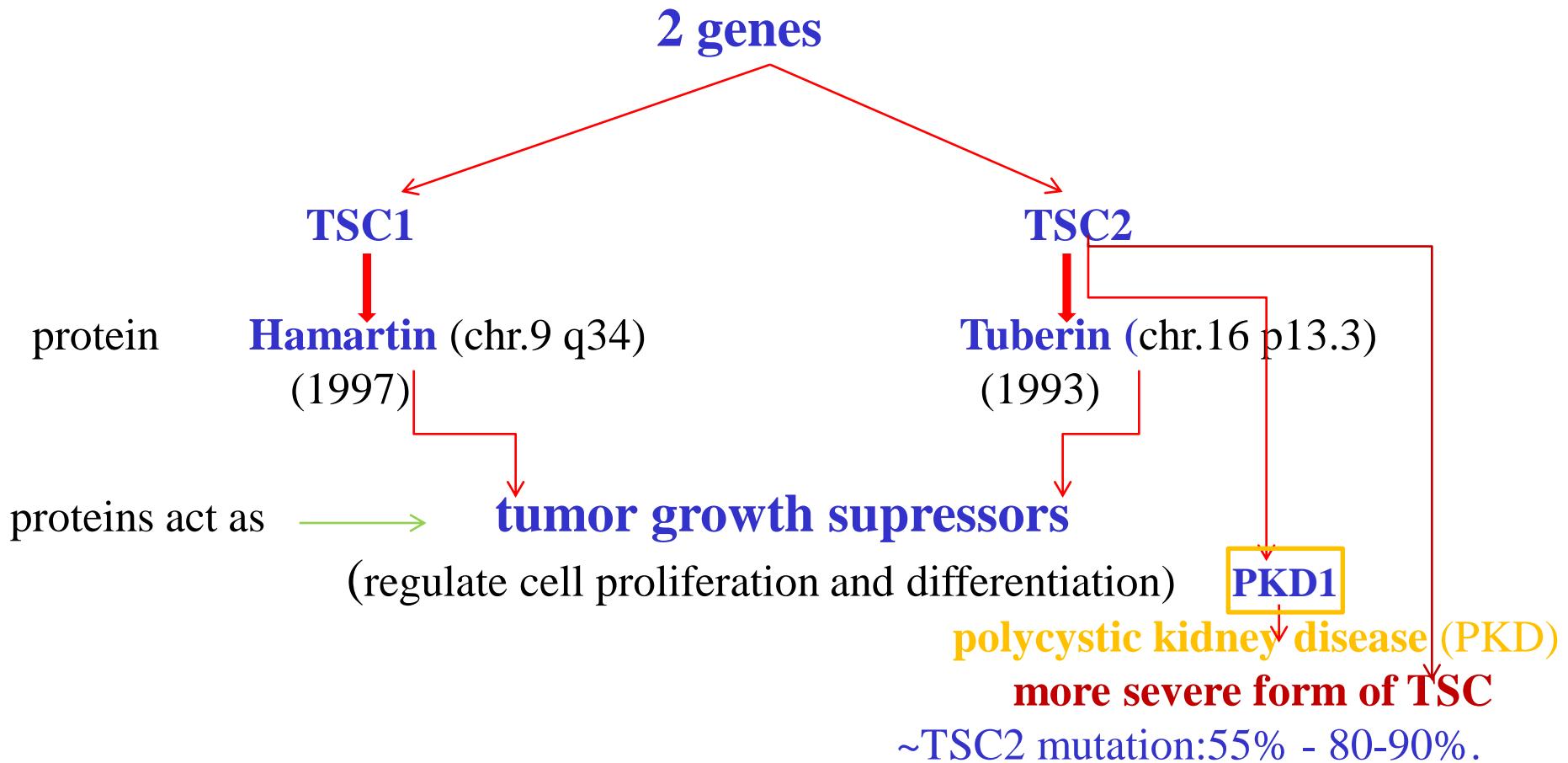
**Eyes** **Retinal lesions:** astrocytic hamartomas or "phakomas"  
**Non-retinal lesions:** coloboma angiofibromas of the eyelids papilledema (related to hydrocephalus)



circumscribed yellow white retinal lesion

# Genetic background of TSC

**Inheritance:** AD with variable expressivity and complete penetrance  
2/3 of TSC cases are sporadic mutations



# Management

- **rapamycin** (2008) – rescued learning and memory deficits in a mouse
- **anti-epileptic drugs** to control seizures:  
**Vigabatrin**  
**ACTH**
- **everolimus** (2010) for the treatment of subependymal giant cell astrocytoma
- **Treatment of angiofibromas:** socially embarrassing rash can be removed using  
**dermabrasion** or  
**laser**  
treatment

**Thank you**